

List of Test Items for Premium Health Screening Program

We aim for an early detection by multi-faceted examination combining cutting-edge imaging studies such as CT, MRI, etc., augmented with blood tests, ultrasound, tumor markers, etc.

*As of October 2019

Region to be Tested and Test Items	Description	Super Midtown Dock Royal	Super Midtown Dock
		539,000yen (tax included)	275,000yen (tax included)
History Taking/Consultation	Interview, examination, explanation of results, and counseling by a specialist physician	●	●
Body Measurements	Height, weight, BMI, body fat percentage, abdominal girth, blood pressure	●	●
Urinalysis	Glucose, protein, occult blood, urobilinogen, specific gravity, urine sediment, pH, bilirubin, ketone bodies	●	●
Blood Analysis	Complete blood count	Red blood cell count (RBC), white blood cell count (WBC), hemoglobin, hematocrit, platelet count, RBC indices, plasma fibrinogen	●
	Liver, Kidney, Pancreatic Functions, and Others	GOT, GPT, γ -GTP, total protein, albumin, A/G ratio, total bilirubin, direct bilirubin, LDH, ALP, ChE, CPK, creatinine, BUN, amylase, e-GFR	●
	Electrolytes	Na, K, Cl, Ca, P, Mg, Fe	●
	Metabolic System (lipids, glucose, uric acid)	Total cholesterol, HDL cholesterol, LDL cholesterol, non-HDL cholesterol, triglycerides, fasting blood glucose, HbA1c, uric acid, insulin	●
	Thyroid Function	TSH, FT3, FT4	●
	Inflammation	RF, CRP	●
	Infectious Diseases	HBsAg, HBsAb, HCV antibody, syphilis (TPHA)	●
	Cardiac Function	NT-ProBNP	●
	Tumor Markers	CEA, CA19-9	●
		AFP	●
		Elastase-1	●
		PSA (men only)	●
		CA125 (female only)	●
	Riskmarkers of arteriosclerosis①	Adiponectin	●
	Riskmarkers of arteriosclerosis②	Vitamin B12, B6, folic acid, hs-CRP	●
	Musculoskeletal System Risk Markers	Bone ALP (BAP), Vitamin D, myosin	●
Hormone Balance Risk Markers	DHEA-s, cortisol, IGF-1, testosterone (male), E2 (female), FSH (female)	●	
Advanced CA/CV/D (cancer, cardiovascular diseases, as well as diabetes related analysis)		●	
Eyes	Ophthalmometry, fundus photography, and visual acuity	●	●
Ears	Hearing test	●	●
Bones	Bone density test (DXA scan), urinary NTX assay	●	●
Head	Head MRI/MRA (3.0 Tesla)	●	●
Heart/Blood Vessels	Electrocardiogram and blood pressure pulse wave velocity (PWV, ABI)	●	●
	Echocardiography	●	
	Carotid ultrasound	●	
Thyroid Gland	Thyroid ultrasound	●	
Chest	Chest CT scan (80 slice)	●	●
	Pulmonary Function Test (FVC, FEV1)	●	●
Abdomen	Abdominal ultrasound (liver, gallbladder, pancreas, spleen, and kidneys)	●	●
	Upper abdominal CT scan	●	●
	Measurements of visceral fat area (CT scan)	●	●
	Lower abdominal MRI	●	●
Stomach	Upper gastrointestinal endoscopy (through mouth or nose) *Use of sedatives is optional (with or without sedation)	●	●
	Upper gastrointestinal tract x-ray	It is basically endoscopy. (It can be changed to a barium test if desired.)	It is basically endoscopy. (It can be changed to a barium test if desired.)
Large Bowel	Fecal occult blood test (2 days)	●	●
Others	Brain Fatigue Screening (test plasmalogen concentration in blood and brain fatigue checklist)	●	●
Gynecology/Breast (Female Only)	Gynecological Examination	Cervical cytology, transvaginal ultrasound, examination by a physician	●
	Breast Examination	Mammography(3D), mammary gland ultrasound, palpation and examination by a physician	●
Teeth	Dental Examination (Optional)	●	●
Services	Concierge services	●	●
	Meals	●	●

We also offer "Plus Screening Program" that includes 1-year follow-up tests. Please refer to the left page of this brochure for details.

Medical Option List

We have several optional tests that can be added to our Premium Health Screening Program.
This is a “tailor-made” examination, which you can pick and choose according to your own lifestyle and needs.
Please make an inquiry when you make an appointment.

	Region to be Tested	Name of Test/Product	Description	Price (tax included)
Common Options	Stomach	<i>Fecal Helicobacter Pylori</i> Antibody	This test determines whether you have a <i>Helicobacter pylori</i> bacterial infection, which can cause stomach ulcers and cancer.	2,200yen
		<i>H. Pylori</i> Antibody Blood Test	Stomach cancer, Stomach ulcer This test determines whether your body has antibodies against <i>Helicobacter pylori</i> (<i>H.pylori</i>).	2,200yen
		<i>H. Pylori</i> Test Package	<i>H.pylori</i> antibodies in blood, <i>H.pylori</i> antigen in stool Sometimes, a blood test alone may not be enough to determine the current activity of <i>H.pylori</i> . When you are performed the blood test and the stool test, we can get more accurate result.	3,850yen
	Large Intestine	Colonoscopy	Colon cancer We perform colonoscopy, and visually exam your lower digestive organs such as large intestine, rectum directly. ◆ This is to be scheduled separately from the comprehensive medical examination.	44,000yen
	STD/Infectious Diseases	Chlamydia IgA/IgG	Infectious disease These tests are highly recommended for those who desire screening for infectious disease, such as Rubella, Measles, Type B Hepatitis, HIV, and Chlamydia infection.	14,300yen *HIV test only costs 3,300yen
		HBs Antigen		
		Rubella, Measles		
		HIV Antigen Antibody/EIA		
	Respiratory	Sputum Cytology	Pharyngeal cancer, Laryngeal cancer, Lung cancer This test is performed that a sample of sputum is collected, and examined under a microscope to detect the presence of cancer cells.	3,300yen
	Thyroid Gland	Tg Antibody/TPO Antibody	Examining thyroid autoantibodies helps us screen for autoimmune thyroid diseases (Graves' disease or Hashimoto's disease).	3,300yen
Uterus	Endometrial Cytology	Uterus cancer For this test, the presence of cancer cells is examined from the sample collected from the inner wall of the uterus (endometrium). This is recommended for those with abnormal vaginal bleeding or menopause.	7,700yen	
Hair	Hair Mineral	This is an examination to determine the degree of toxic mineral accumulation, excess or deficiency of necessary minerals, characteristics of physical condition (fatigue, stress, hair loss, and allergy), and nutrients to be supplemented.	33,000yen	
Allergy	Allergy Test Panel	Allergy test panel examines 45 different allergens from a small amount of blood. It includes house dust, pollen, and major allergens of food allergies.	33,000yen	
Options for Super Midtown Package/program *Included in the Royal screening package/program	Cancer/Heart/ Blood Vessels/ Diabetes	Advanced CA/CV/D	Approximately 50 biomarkers are examined related to diseases that continuous/annual observation is effective for early stage detection such as cancer, cardiovascular diseases, and diabetes. Approximately 20 cancer-related biomarkers including not only gender specific cancers but also new markers said to be cancer related are examined. * If you bring the result of a recent comprehensive medical exam issued within 6 months, you are eligible for this optional test without having the Royal Screening Package/Program. Please ask us for more detailed information.	203,500yen
	Carotid Artery/ Thyroid Gland	Carotid Ultrasound	Arteriosclerosis, Stroke This is a test that uses sound waves into your neck to detect the presence of plaques, which causes stroke, or to evaluate the stenosis by atherosclerosis.	15,400yen
		Thyroid Ultrasound	Graves' disease, Hashimoto's disease etc, This test uses sound waves into your neck to detect the presence of tumor or inflammation.	
	Heart	Echocardiography	Valvular heart disease, Myocardial infraction, Angina pectoris This test allows your doctor to see your heart size, movement, muscle, valves, and blood flows.	11,000yen
	Tumor Markers*	Pro-GRP	A tumor marker for lung cancer (small cell carcinoma of lung).	3,850yen
		PIVKA-2	A tumor marker for liver cell cancer.	3,300yen
ST439, CA15-3		Tumor markers for breast cancer (For women only).	6,600yen	

*Tumor markers (Pro-GRP, PIVKA-2, ST439, and CA15-3) are also included in the blood panel of “Advanced CA/CV/D.”

By Appointment Only

Premium Health Screening Program Appointment・Inquiry

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