## List of Test Items for Premium Health Screening Program

We aim for an early detection by multi-faceted examination combining cutting-edge imaging studies such as CT, MRI, etc., augmented with blood tests, ultrasound, tumor markers, etc.

Body Massurements		*As of October 20					
Mistury Taking/Consultation   Inferriew, examination, explanation of results, and oourseling by a gargested physicism   Inferriew, examination, explanation of results, and oourseling by a gargested physicism   Inferriew, examination, explanation of results, and oourseling by a gargested physicism   Inferriew, examination, explanation of results, and oourseling by a gargested physicism   Inferriew, examination, explanation of results, and oourseling by a gargested physicism   Inferriew   Infe	•	Description			Super Midtown Dock		
Blood Analysis  Blood Analysis	and lest items			539,000 yen (tax included)	275,000 yen (tax included)		
Urnalysis  Urnalysis  Glucose, protein, court blood, urobilinogen, specific gravity,	History Taking/Consultation		lanation of results, and counseling by a	•	•		
United Section County   Decided County	Body Measurements	blood pressure		•	•		
Complete blood count   International Remarkers, plants are part of the process	Urinalysis			•	•		
Blood Analysis   February   Feb		Complete blood count	hemoglobin, hematocrit, platelet count, RBC indices, plasma	•	•		
Motaboric System   Total Enbesterori, IDE, Childesterori, Itrigiperides, (asking blood glocos) (BALC, unit acid, invalidation)   Total Enbesterori, Integrination   Total Enbesterori, Integr			total bilirubin, direct bilirubin, LDH, ALP, ChE,	•	•		
Page		Electrolytes		•	•		
Inflammation   Infl			cholesterol, non-HDL cholesterol, triglycerides,	•	•		
Infectious Diseases   Silbady, 1984b, 1967 antibedy, syphilis (TPHA)				•	•		
Cardiac Function   NT-ProBNP				•	•		
Blood Analysis    Tumor Markers   CEA. CA19-9	-		3, 3,				
Tumor Markers	Blood Analysis	Cardiao i anotion		•	•		
PSA (men only)	Dioou Analysis		AFP	•	•		
CA126 (female only)  Riskmarkars of arteriosclerosis () Riskmarkars of arteriosclerosis () Riskmarkars of arteriosclerosis () Riskmarkars of arteriosclerosis () Musculoskeletal System Risk Markers Roman Risk Markers Roman Risk Markers Roman Risk Markers Roman Roma		Tumor Markers		•	•		
Riskmarkers of arteriosclerosis()   Adiponectin			, ,,	•	•		
Adjunction   Adj		Distance of	CA125 (female only)	•	•		
Advanced CA/CV/D  Risk Markers  Hormone Balance Risk Markers  Hormone Balance Risk Markers  Advanced CA/CV/D  (cancer, cardiovascular diseases, as well as diabetes related analysis)  Eyes  Ophthalmotonometry, fundus photography, and visual acuity  Ears  Hearing test  Bone density test (DXA scan), urinary NTX assay  Head  Head MRI/MRA (3.0 Tesla)  Electrocardiogram and blood pressure pulse wave velocity (PWV, ABI)  Echocardiography  Carotid ultrasound  Thyroid Gland  Thyroid ultrasound  Chest  Chest  Chest Pulmonary Function Test (FVC, FEV1)  Abdominal ultrasound (Bryer gastrointestratial and scorp (through mouth or nose)  **User of seatives is optional (with or without seation)  Upper gastrointestral artox cx-ray  Chest  Gynecology/Breast (Female Only)  Teeth  Dental Examination  Mammography(3D), mammary gland ultrasound, palystician	-	arteriosclerosis ①	<u> </u>	•	•		
Risk Markers			Vitamin B12, B6, folic acid, hs-CRP	•			
Advanced CA/CV/D (cancer, cardiovascular diseases, as well as diabetes related analysis)  Eyes Ophthalmotonometry, fundus photography, and visual acuity  Ears Hearing test  Bones Bone density test (DXA scan), urinary NTX assay  Head Head MRI/MRA (3.0 Tesla)  Electrocardiogram and blood pressure pulse wave velocity (PWV, ABI) Echocardiography Carotid ultrasound  Thyroid Gland Thyroid ultrasound  Chest Chest Chest Chest CT scan (80 silce) Pulmonary Function Test (FVC, FEV1) Abdominal ultrasound (liver, gallbladder, pancreas, spleen, and kidneys) Upper abdominal CT scan Measurements of visceral fat area (CT scan) Lower abdominal MRI Upper gastrointestinal endoscopy (through mouth or nose) Upper gastrointestinal tract x-ray  Chest Cryncology/Breast (Female Only)  Fecal occult blood test (2 days)  Gynecology/Breast (Female Only)  Ferast Examination Derival Examination Mammography (30), mammary gland ultrasound, emammary gland ultrasound, palpation and examination by a physician  Mammography (30), mammary gland ultrasound, palpation and examination by a physician  Teeth Dental Examination (Optional)		Risk Markers	, , ,	•			
Eyes Ophthalmotonometry, fundus photography, and visual acuity  Ears Hearing test  Bones Bone density test (DXA scan), urinary NTX assay  Head Head MRI/MRA (3.0 Tesla)  Electrocardiogram and blood pressure pulse wave velocity (PWV, ABI)  Echocardiography Carotid ultrasound  Thyroid Gland Thyroid ultrasound  Chest CT scan (80 slice) Pulmonary Function Test (FVC, FEV1)  Abdominal ultrasound (liver, galibladder, pancreas, spleen, and kidneys) Upper abdominal CT scan  Measurements of visceral fat area (CT scan) Lower abdominal MRI  Upper gastrointestinal endoscopy (through mouth or nose) Upper gastrointestinal tract x-ray  Chest Pecal occult blood test (2 days)  Others  Gynecology/Breast (Female Only)  Freat Examination Manamography(3D), mammary gland ultrasound, palpation and examination by a physician  Mammography(3D), mammary gland ultrasound, palpation and examination by a physician  Mammography(3D), mammary gland ultrasound, palpation and examination by a physician  Mammography(3D), mammary gland ultrasound, palpation and examination by a physician  Mammography(3D), mammary gland ultrasound, palpation and examination by a physician  Mammography(3D), mammary gland ultrasound, palpation and examination by a physician  Teeth Dental Examination (Optional)	_	Markers	DHEA-s, cortisol, IGF-1, testosterone (male), E2 (female), FSH (female)	•			
Bones Bone density test (DXA scan), urinary NTX assay  Head Head MRI/MRA (3.0 Tesla)  Electrocardiogram and blood pressure pulse wave velocity (PWV, ABI)  Electrocardiogram and blood pressure pulse wave velocity (PWV, ABI)  Electrocardiogram and blood pressure pulse wave velocity (PWV, ABI)  Carotid ultrasound  Thyroid Gland Thyroid ultrasound  Chest Chest CT scan (80 slice)  Pulmonary Function Test (FVC, FEV1)  Abdominal ultrasound (liver, galibladder, pancreas, spleen, and kidneys)  Upper abdominal CT scan  Abdomen  Stomach  Upper gastrointestinal endoscopy (through mouth or nose)  Upper gastrointestinal endoscopy (through mouth or nose)  Upper gastrointestinal tract x-ray  Chest CT scan (B0 slice)  Upper gastrointestinal endoscopy (through mouth or nose)  Upper gastrointestinal tract x-ray  Changed to a barium test if desired.  Brain Fatigue Screening (test plasmalogen concentration in blood and brain fatigue checklist)  Gynecology/Breast (Female Only)  Breast Examination  Breast Examination  Mammography (3D), mammary gland ultrasound, examination by a physician  Feeth  Dental Examination (Optional)				•			
Bones Bone density test (DXA scan), urinary NTX assay  Head Head MRI/MRA (3.0 Tesla)  Electrocardiogram and blood pressure pulse wave velocity (PWV, ABI)  Electrocardiography Carotid ultrasound  Thyroid Gland  Thyroid ultrasound  Chest  Chest CT scan (80 slice) Pulmonary Function Test (FVC, FEV1) Abdominal ultrasound (liver, gallbladder, pancreas, spleen, and kidneys) Upper abdominal CT scan Measurements of visceral fat area (CT scan) Lower abdominal MRI  Stomach  Upper gastrointestinal endoscopy (through mouth or nose)  **Use of sedatives is optional (with or without sedation) Upper gastrointestinal tract x-ray  Chest CT scan (80 slice) Pulmonary Function Test (FVC, FEV1) Abdominal utrasound (liver, gallbladder, pancreas, spleen, and kidneys) Upper abdominal MRI  Upper gastrointestinal endoscopy (through mouth or nose)  **Use of sedatives is optional (with or without sedation) Upper gastrointestinal tract x-ray Chest CT scan (1 is basically endoscopy, (It can be changed to a barium test if desired.)  Earge Bowel  Fecal occult blood test (2 days)  Others  Brain Fatigue Screening (test plasmalogen concentration in blood and brain fatigue checklist)  Gynecology/Breast (Female Only)  Feast Examination  Mammography(3D), mammary gland ultrasound, examination by a physician  Mammography(3D), mammary gland ultrasound, palpation and examination by a physician  Teeth  Dental Examination (Optional)  Occivical cytology, transvaginal ultrasound, palpation and examination by a physician  Mammography(3D), mammary gland ultrasound, palpation and examination by a physician  Feath  Dental Examination (Optional)	Eyes	Ophthalmotonometry, fundus photography, and visual acuity		•	•		
Heart/Blood Vessels Electrocardiogram and blood pressure pulse wave velocity (PWV, ABI) Electrocardiography Carotid ultrasound  Thyroid Gland Thyroid ultrasound  Chest Chest Chest Abdominal ultrasound (liver, galibladder, pancreas, spleen, and kidneys) Upper abdominal CT scan Measurements of visceral fat area (CT scan) Lower abdominal MRI  Upper gastrointestinal endoscopy (through mouth or nose) **Use of seafultives is optional (with or without seation) Upper gastrointestinal tract x-ray  Chest Chest  Stomach  Brain Fatigue Screening (test plasmalogen concentration in blood and brain fatigue checklist) Gynecology/Breast (Female Only)  Feeth Dental Examination Concierge services  Brainstore Concierge services  Dental Examination (Optional)  Concierge services	Ears	Hearing test		•	•		
Electrocardiogram and blood pressure pulse wave velocity (PWV, ABI)   Echocardiography   Carotid ultrasound   Carotid ultrasound   Chest   Thyroid ultrasound   Chest   Chest CT scan (80 slice)   Pulmonary Function Test (FVC, FEV1)   Abdominal ultrasound (liver, gallbladder, pancreas, spleen, and kidneys)   Upper abdominal CT scan   Measurements of visceral fat area (CT scan)   Chest Abdominal ultrasound (liver, gallbladder, pancreas, spleen, and kidneys)   Upper abdominal CT scan   Chest Abdominal MRI   Chest Abdominal M	Bones	Bone density test (DXA sca	n), urinary NTX assay	•	•		
Heart/Blood Vessels    Echocardiography	Head			•	•		
Thyroid Gland  Chest Chest CT scan (80 slice) Pulmonary Function Test (FVC, FEV1) Abdominal uttrasound (liver, gallbladder, pancreas, spleen, and kidneys) Upper abdominal CT scan Measurements of visceral fat area (CT scan) Lower abdominal MRI  Stomach Upper gastrointestinal endoscopy (through mouth or nose) *Use of sedatives is optional (with or without sedation) Upper gastrointestinal tract x-ray  Large Bowel Fecal occult blood test (2 days)  Brain Fatigue Screening (test plasmalogen concentration in blood and brain fatigue checklist) Gynecology/Breast (Female Only)  Breast Examination  Mammography(30), mammary gland ultrasound, palpation and examination by a physician  Mammography(30), mammary gland ultrasound, palpation and examination by a physician  Concierge services	Heart/Blood Vessels	Echocardiography		•	•		
Chest CT scan (80 slice) Pulmonary Function Test (FVC, FEV1) Abdominal ultrasound (liver, gallbladder, pancreas, spleen, and kidneys) Upper abdominal CT scan Measurements of visceral fat area (CT scan) Lower abdominal MRI Upper gastrointestinal endoscopy (through mouth or nose) *Use of sedatives is optional (with or without sedation) Upper gastrointestinal tract x-ray  Large Bowel  Chest CF scan (20 days)  Brain Fatigue Screening (test plasmalogen concentration in blood and brain fatigue checklist)  Gynecology/Breast (Female Only)  Breast Examination  Mammography (3D), mammary gland ultrasound, palpation and examination by a physician  Concierge services  Concierge services				-			
Abdomen  Abdominal ultrasound (liver, gallbladder, pancreas, spleen, and kidneys)  Upper abdominal CT scan  Measurements of visceral fat area (CT scan)  Lower abdominal MRI  Upper gastrointestinal endoscopy (through mouth or nose)  *Use of sedatives is optional (with or without sedation)  Upper gastrointestinal tract x-ray  Large Bowel  Others  Brain Fatigue Screening (test plasmalogen concentration in blood and brain fatigue checklist)  Gynecology/Breast (Female Only)  Reast Examination  Mammography (3D), mammary gland ultrasound, palpation and examination by a physician  Concierge services  Pulmonary Function Test (FVC, FEV1)  Abdominal ultrasound (liver, gallbladder, pancreas, spleen, and kidneys)  It is basically endoscopy. (It can be changed to a barium test if desired.)  It is basically endoscopy. (It can be changed to a barium test if desired.)  It is basically endoscopy. (It can be changed to a barium test if desired.)  Changed to a barium test if desired.  Cervical cytology, transvaginal ultrasound, examination by a physician  Mammography (3D), mammary gland ultrasound, palpation and examination by a physician  Concierge services	Thyroid Gland	Thyroid ultrasound					
Abdominal ultrasound (liver, gallbladder, pancreas, spleen, and kidneys)  Upper abdominal CT scan  Measurements of visceral fat area (CT scan)  Lower abdominal MRI  Upper gastrointestinal endoscopy (through mouth or nose)  *Use of sedatives is optional (with or without sedation)  Upper gastrointestinal tract x-ray  Large Bowel  Fecal occult blood test (2 days)  Others  Gynecology/Breast (Female Only)  Gynecological Examination  Teeth  Dental Examination (Optional)  Abdominal ultrasound, (liver, gallbladder, pancreas, spleen, and kidneys)  I Upper gastrointestinal cross on the search of the special occult blood search of the special occult blood test (2 to a be changed to a barium test if desired.)  Cervical cytology, transvaginal ultrasound, examination by a physician  Mammography (3D), mammary gland ultrasound, palpation and examination by a physician  Teeth  Dental Examination (Optional)  Concierge services	Chest			•	•		
Abdomen    Upper abdominal CT scan	Onost			•	-		
Measurements of visceral fat area (CT scan)  Lower abdominal MRI  Upper gastrointestinal endoscopy (through mouth or nose)  *Use of sedatives is optional (with or without sedation)  Upper gastrointestinal tract x-ray  Large Bowel  Cothers  Brain Fatigue Screening (test plasmalogen concentration in blood and brain fatigue checklist)  Gynecology/Breast (Female Only)  Breast Examination  Breast Examination  Dental Examination (Optional)  Mammography (3D), mammary gland ultrasound, palpation and examination by a physician  Concierge services  Dental Examination (Optional)  Concierge services  Massurements of visceral fat area (CT scan)  It is basically endoscopy. (It can be changed to a barium test if desired.)  It is basically endoscopy. (It can be changed to a barium test if desired.)  Changed to a barium test if desired.  Cervical cytology, transvaginal ultrasound, examination by a physician  Mammography (3D), mammary gland ultrasound, palpation and examination by a physician  Concierge services			, gambiadder, pancreas, spieen, and kidneys)				
Lower abdominal MRI  Upper gastrointestinal endoscopy (through mouth or nose) *Use of sedatives is optional (with or without sedation)  Upper gastrointestinal tract x-ray  Large Bowel  Pecal occult blood test (2 days)  Brain Fatigue Screening (test plasmalogen concentration in blood and brain fatigue checklist)  Gynecology/Breast (Female Only)  Breast Examination  Teeth  Dental Examination (Optional)  Concierge services  Lit is basically endoscopy. (It can be changed to a barium test if desired.)  It is basically endoscopy. (It can be changed to a barium test if desired.)  Central tract x-ray  Cervical cytology, transvaginal ultrasound, examination by a physician  Mammography (3D), mammary gland ultrasound, palpation and examination by a physician	Abdomen				•		
Stomach   *Use of sedatives is optional (with or without sedation)   It is basically endoscopy. (It can be changed to a barium test if desired.)   It is basically endoscopy. (It can be changed to a barium test if desired.)				•	•		
Upper gastrointestinal tract x-ray changed to a barium test if desired.  Large Bowel Fecal occult blood test (2 days)  Others Brain Fatigue Screening (test plasmalogen concentration in blood and brain fatigue checklist)  Gynecology/Breast (Female Only)  Breast Examination Mammography (3D), mammary gland ultrasound, palpation and examination by a physician  Teeth Dental Examination (Optional)  Concierge services  Changed to a barium test if desired.				•	•		
Large Bowel Fecal occult blood test (2 days)  Others Brain Fatigue Screening (test plasmalogen concentration in blood and brain fatigue checklist)  Gynecology/Breast (Female Only)  Breast Examination Mammography (3D), mammary gland ultrasound, palpation and examination by a physician  Teeth Dental Examination (Optional)  Concierge services	Stomach						
Concierge services   Cervical Standard   Cervical cytology, transvaginal ultrasound, examination   Cervical cytology, transvaginal ultrasound, examination by a physician   Cervical cytology, transvaginal ultrasound, examination   Cervical cytology, transvaginal ultrasound, examination   Cerv	Large Bowel				-		
Gynecology/Breast (Female Only)  Gynecological Examination  Breast Examination  Dental Examination (Optional)  Cervical cytology, transvaginal ultrasound, examination by a physician  Mammography (3D), mammary gland ultrasound, palpation and examination by a physician  Dental Examination (Optional)  Concierge services	Others			•	•		
(Female Only)  Breast Examination  Mammography (3D), mammary gland ultrasound, palpation and examination by a physician  Teeth  Dental Examination (Optional)  Concierge services	, ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		Cervical cytology, transvaginal ultrasound,	•	•		
Teeth Dental Examination (Optional)  Services Concierge services		Breast Examination	Mammography(3D), mammary gland ultrasound,	•	•		
Services	Teeth	Dental Examination (Option	nal)	•	•		
	Services	Concierge services Meals		•	•		

We also offer "Plus Screening Program" that includes 1-year follow-up tests. Please refer to the left page of this brochure for details.

## Medical Option List

We have several optional tests that can be added to our Premium Health Screening Program. This is a "tailor-made" examination, which you can pick and choose according to your own lifestyle and needs. Please make an inquiry when you make an appointment.

	Region to be Tested	Name of Test/Product	Description	Price (tax included)
0	Stomach	Fecal Helicobacter Pylori Antibody	This test determines whether you have a <i>Helicobacter pylori</i> bacterial infection, which can cause stomach ulcers and cancer.	2,200 yen
		H. Pylori Antibody Blood Test	Stomach cancer, Stomach ulcer This test determines whether your body has antibodies against Helicobacter pylori (H.pylori).	2,200 yen
		H. Pylori Test Package	H.pylori antibodies in blood, H.pylori antigen in stool Sometimes, a blood test alone may not be enough to determine the current activity of H.pylori. When you are performed the blood test and the stool test, we can get more accurate result.	3,850yen
	Large Intestine	Colonoscopy	Colon cancer We perform colonoscopy, and visually exam your lower digestive organs such as large intestine, rectum directly.  This is to be scheduled separately from the comprehensive medical examination.	44,000 yen
omm	STD/Infectious Diseases	Chlamydia IgA/IgG		
Common Options		HBs Antigen	Infectious disease	14,300 yen *HIV test only costs 3,300 yen
		Rubella, Measles	These tests are highly recommended for those who desire screening for infectious disease, such as Rubella, Measles, Type B Hepatitis, HIV, and Chlamydia infection.	
		HIVAntigen Antibody/EIA		
	Respiratory	Sputum Cytology	Pharyngeal cancer, Laryngeal cancer, Lung cancer This test is performed that a sample of sputum is collected, and examined under a microscope to detect the presence of cancer cells.	3,300 yen
	Thyroid Gland	Tg Antibody/TPO Antibody	Examining thyroid autoantibodies helps us screen for autoimmune thyroid diseases (Graves' disease or Hashimoto's disease).	3,300 yen
	Uterus	Endometrial Cytology	Uterus cancer  For this test, the presence of cancer cells is examined from the sample collected from the inner wall of the uterus (endometrium). This is recommended for those with abnormal vaginal bleeding or menopause.	7,700 yen
	Hair	Hair Mineral	This is an examination to determine the degree of toxic mineral accumulation, excess or deficiency of necessary minerals, characteristics of physical condition (fatigue, stress, hair loss, and allergy), and nutrients to be supplemented.	33,000 yen
	Allergy	Allergy Test Panel	Allergy test panel examines 45 different allergens from a small amount of blood. It includes house dust, pollen, and major allergens of food allergies.	33,000 yen
Options for Super Midtown Package/program *Included in the Royal screening package/program	Cancer/Heart/ Blood Vessels/ Diabetes	Advanced CA/CV/D	Approximately 50 biomarkers are examined related to diseases that continuous/annual observation is effective for early stage detection such as cancer, cardiovascular diseases, and diabetes. Approximately 20 cancer-related biomarkers including not only gender specific cancers but also new markers said to be cancer related are examined.  * If you bring the result of a recent comprehensive medical exam issued within 6 months, you are eligible for this optional test without having the Royal Screening Package/Program. Please ask us for more detailed information.	203,500 yen
	Carotid Artery/ Thyroid Gland	Carotid Ultrasound	Arteriosclerosis, Stroke This is a test that uses sound waves into your neck to detect the presence of plaques, which causes stroke, or to evaluate the stenosis by atherosclerosis.	15 400
		Thyroid Ultrasound	Graves' disease, Hashimoto's disease etc, This test uses sound waves into your neck to detect the presence of tumor or inflammation.	15,400 yen
	Heart	Echocardiography	Valvular heart disease, Myocardial infraction, Angina pectoris This test allows your doctor to see your heart size, movement, muscle, valves, and blood flows.	11,000 yen
		Pro-GRP	A tumor marker for lung cancer (small cell carcinoma of lung).	3,850yen
	Tumor Markers*	PIVKA-2	A tumor marker for liver cell cancer.	3,300 yen
		ST439、CA15-3	Tumor markers for breast cancer (For women only).	6,600 yen

<sup>\*</sup>Tumor markers (Pro-GRP, PIVKA-2, ST439, and CA15-3) are also included in the blood panel of "Advanced CA/CV/D."

By Appointment Only

Premium Health Screening Program Appointment Inquiry

Tokyo Midtown Clinic Executive Medical Service

 $TEL.\ 03-5413-8017\ _{\text{Weekdays}\ 9:00\sim17:00}$ 



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www.tokyomidtown-mc.jp/premium